

LESSON COME UNHINGED

By Trent Wearer

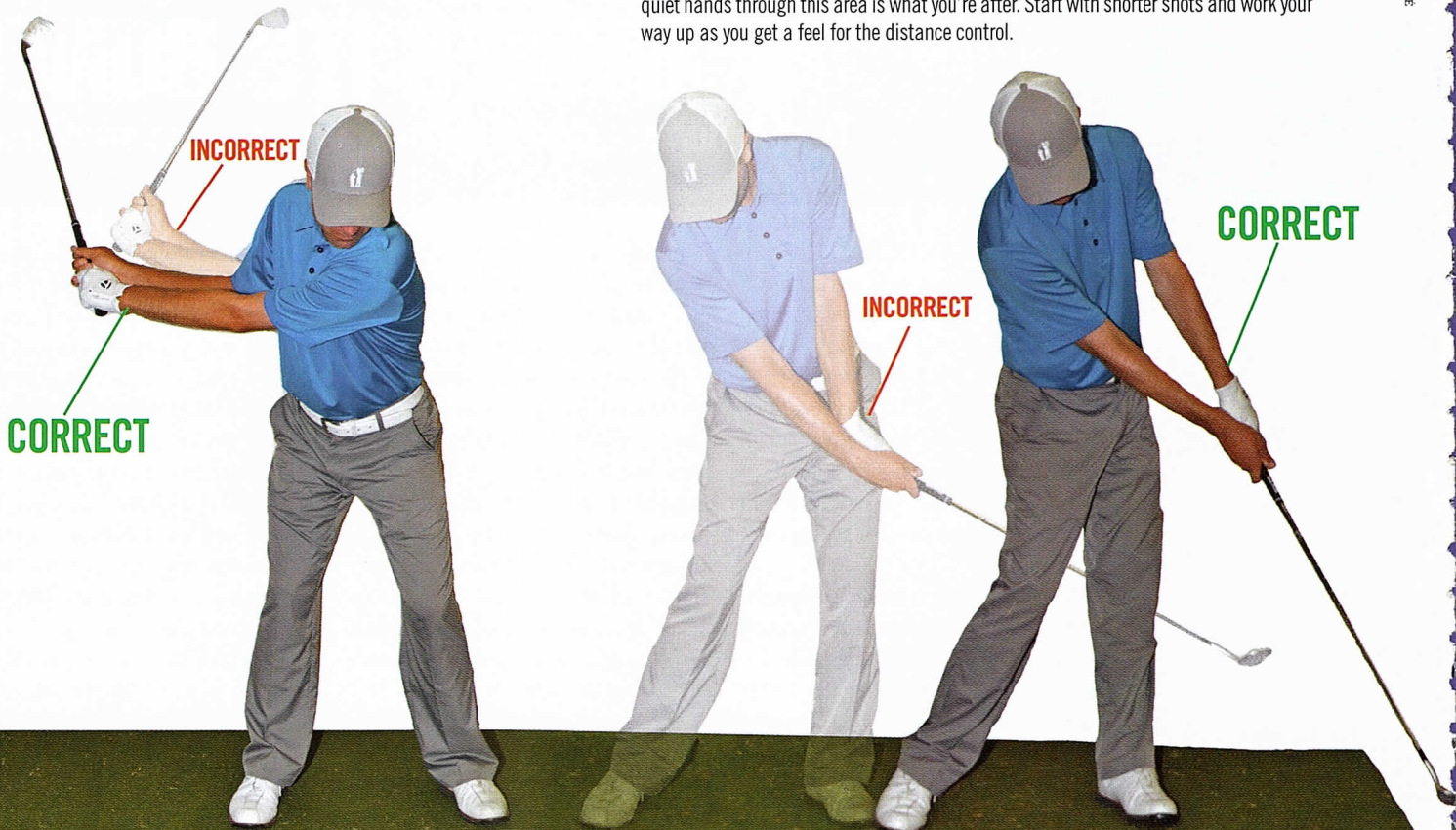
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EVER HIT A BOOMING DRIVE only to stub, chunk, blade or leave short the proceeding wedge shot? It's a score-killer and probably happening because you're overcomplicating your swing. Any great wedge player will tell you that the key to hitting quality shots is controlling the trajectory and distance that the ball travels. Too many golfers complicate short approaches by trying to control the ball using their wrists. Here is a more consistent way to hit your wedges.

BACK: Many golfers over-hinge their wrists in the back swing and then flip their hands through impact. This action is extremely difficult to replicate, as it changes the loft at contact too rapidly and therefore produces much less consistent results.

FORWARD: Next time you're faced with one of these 30- to 100-yarders try to use your wrists less and turn your chest in unison with your arms. Repeat this motion in your follow through. Though your follow through will travel longer than what is in the picture, quiet hands through this area is what you're after. Start with shorter shots and work your way up as you get a feel for the distance control.



PHOTOS BY JAKE KUBIE